

XIIth EuTEACH Summerschool  
July 5<sup>th</sup>-10<sup>th</sup> 2015, Lausanne Switzerland

## FINAL REPORT

The Summer school took place in Lausanne Switzerland from July 5<sup>th</sup> to 10<sup>th</sup> 2015.

The objectives of the Summer school were to:

- improve the quality of health care and preventive services delivered to adolescents,
- using the best available evidence, develop more effective skills for adolescent health teaching and advocacy

### Participants:

16 health professionals from 12 countries participated ( 2 last minute renunciations). This year participants came as well from Western (Portugal, Switzerland, UK, Finland, Sweden, Belgium) and Eastern Europe (Greece, Turkey, Moldova) than from Canada, India and the United Arab Emirates. A majority were pediatricians but also a psychologist, a gynecologist, a rheumatologist, and two nurses in leading teaching positions. There was a good balance of young still in training and older more experienced participants some having no experience with adolescents and others on the contrary extremely experienced and leaders in their country. In the last years, it has been difficult to recruit participants and often until very late it was not clear if the minimum quota of 15 would be reached.

### Facilitators and Table leaders:

4 table leaders actively participated in the pedagogical activities as well as giving a strong sense of connectedness to the group: Anne-Emmanuelle Ambresin (Switzerland), Vibeke Bregnballe (Denmark), Emmanuelle Godeau (France), Pia Jakobsson Kruse (Sweden). Some table leaders have come for the second time, others were new to the tasks. 6 facilitators came and most of them could stay the whole week: Kirsten Boisen (Denmark), Françoise Dominé (Belgium), Janet McDonagh (UK), Anne Meynard (Switzerland), Pierre-André Michaud (Switzerland), Susanne Stronski (Switzerland). The course was organized by Anne Meynard and Prof Pierre-André Michaud.

### Preparation

The organisers and the facilitators had a first preparation session during the meeting of the Euteach working group (January 2015): preparation of the summer school and a 2 days- TOT (Training of trainers led by Lyn Bearinger and Michael Resnick, USA, mentors of the Euteach group- cofacilitated by Susanne Stronski and Anne Meynard). This was an excellent opportunity to review the pedagogical coherence of the summer school. For the first time every facilitator was asked to fill a curricular map (a plan of the session with objectives of each part and pedagogical strategy related to the objectives) and send it in advance to the organizers. It allowed to ensure a variety of teaching tools and adequacy of teaching tools with the content over the week. Table leaders, facilitators and organizers all met on Sunday 5<sup>th</sup> of July before arrival of participants to share material, review the content and instruct the table leaders of their specific roles during the week.

### The summer school

The Summer school took place in the same venue in EPFL for the fourth time. The location is very convenient even though this year the heat wave made participation in afternoon sessions difficult. Being alone on the second floor allows enough space for small group work, and individual discussions during breaks. Internet access and material were adequate. The continuous education staff (have their main office on site) was very

helpful. The cafeteria offers a varied range of meals and quick service. Advance reservation of big tables allowed lively discussions to take place during lunch breaks. The social events (wine tasting and Gala dinner) could take place at EPFL and at the CHUV.

The content of the summer school was the same but this year, the organizers decided not to run optional modules. An optional visit to WHO was done by half of participants. An optional visit to the youth clinic in Geneva was not possible for time constraints.

### Programme

	Morning sessions		Afternoon sessions	
<b>Sun</b> <b>July 5<sup>th</sup></b>			Arrival of participants* Introduction session Visit of a youth clinic	
<b>Mon</b> <b>July 6<sup>th</sup></b>	Adolescent Development	Use and misuse of epidemiology	Adolescent friendly care and services	
<b>Tues</b> <b>July 7<sup>th</sup></b>	Chronic conditions		Sexual Health	
<b>Wed</b> <b>July 8<sup>th</sup></b>	Mental Health	Substance use	Eating disorders and Obesity	
<b>Thurs</b> <b>July 9<sup>th</sup></b>	Public Health	How to deliver a good presentation	Advocacy	
<b>Frid</b> <b>July 10<sup>th</sup></b>	Ethics	Finale Evaluation	Optional visit (WHO Geneva)	

### Evaluation (participants)

An anonymous questionnaire was given to participants. 14 out of 16 evaluations were filled.

**About facilities and organisation:** all participants expressed to be satisfied or very satisfied.

They expressed satisfaction about information received in advance, location and meals.

Suggestions: explicitly name on the programme not to book flights too much in advance until confirmation that the Summerschool will effectively take place. Have a few universal adaptors for electrical appliances.

### About structure of the course

Participants thought the sequence of the content was logical and that time allowed for various topics was adequate except that more time would be needed for certain topics (see Content of the course). The advocacy module should not be at the end of a day for example the ethics module could come on Thursday afternoon and the advocacy module on Friday morning (a lively and good module to finish the summerschool).

### About the content of the course and learning strategies

Participants again expressed satisfaction: relevant for practice, useful for teaching activities. Interactive teaching allows better understanding and retaining rate of content, examples from clinical practice relevant.

Suggestions: more on ICT's (information and communication technologies), on violence (ICT, sexual), on substance use and eating disorders, more on communication skills and motivational interviewing.

**Concluding comments:**

Participants expressed satisfaction of quality of teachers and table-leaders and a great opportunity to meet new colleagues and networking opportunities. They listed training techniques and tools they would like to use. *Weak points and suggestions* : the price of the course is too high, the course is too short or there is a need for advanced course, changing group everyday to have more opportunities to talk to everybody, more time for role plays and experimenting (sexual health, motivational interviewing, advocacy, ED), fewer but more complete assignments, less content on slides. To avoid too much medicalisation, emphasize the multiprofessionnal approaches in some discussions.

Anne Meynard Sept 2015