



Surname:

First name:.....

Date:.....

This is a part of the Language Biography of the MAGICC-ELP (<http://magicc-eportfolio.eu>)

**My learning log
Reflexion on my language learning and on the construction of my multilingual
profile**


This document is designed to help you assess and reflect upon your language learning from a lifelong learning perspective in order to find out how you learn best and how you can improve your language learning. It will also help you develop competences in order to become a more efficient learner when learning independently.

PART 1 - MY PREVIOUS LEARNING EXPERIENCE


Think about all the languages in your multilingual repertoire and about your **past language learning experiences**. Then think about the ways in which you used these languages - including your first language(s) -either in formal situations or in everyday life.

Describe these past experiences by answering the 4 questions that follow:


1. In what environment did I learn languages?

 Please state what languages you have been learning and how long you have been learning them for. Explain your main goals and the learning methods you used (e.g. textbooks, real-life situations, role-plays, or any other learning techniques).


2. What were my attitudes and willingness to invest time and effort in learning languages?

 Describe your past learning experiences using personal examples to illustrate how you managed your choices and preferences. Discuss how motivated you felt, what you thought about your own strengths and weaknesses as a language learner, and how you felt about these.

3. Can I remember multilingual or/and intercultural experiences while I was learning?

 Choose personal examples to illustrate how you used prior knowledge of your first language/s to achieve your tasks and how you managed intercultural situations. Note any similarities or differences (vocabulary, pronunciation, patterns, etc.) in your multilingual and multicultural repertoire (including your first language/s) that you were able to use in order to learn.

4. Looking back, what difficulties hindered my progress at the time?


 Give examples of various kinds of difficulties you experienced and explain how your learning could have been improved.

PART 2 - MY STUDY PLAN


You will now think about your present situation and plan your future learning accordingly.

The following questions will help you do so.


1. What are my learning goals now?

 State the areas and situations where you need to improve your skills. Consider both short-term and long-term objectives.

2. Can I use multilingual resources? If so, which ones?

 Describe what multilingual resources are available to you and how you plan to use them in order to develop your intercultural skills.

3. How can I stay motivated?


 Describe any strategies you could use when your motivation weakens, such as adapting your learning environment, trying out different techniques, assessing your own progress, etc.

PART 3: GLOBAL ASSESSMENT OF LIFELONG LEARNING


Along your lifelong learning, how do you globally assess your own learning process? Ask yourself the following questions.

You will now reflect on your learning as a lifelong process. Please answer the questions below.

- 1. Throughout my learning experience how important the assessment I make of my own progress is in comparison to external assessment (e.g. examinations, teacher feedback)?**

 Discuss the ways in which you assess your own progress, using examples from your own experience. Compare this form of assessment to the assessment you get from external sources. To what extent do they complement each other in your lifelong learning?

- 2. Do I feel that I have developed new multilingual skills?**

 Describe your lifelong learning experience and your impressions/feelings as a language learner so far. Think about the role of your first language(s), any new multilingual skills linked to intercultural aspects, and whether you identified any change in your behaviour and beliefs. How relevant could these new skills be in terms of your employability and mobility?