



sport
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master of science (MSc) in human movement and sports sciences

GENERAL OUTLINE

Objectives

This Master's degree takes the form of a cycle of training and specialisation enabling students to develop and supplement knowledge acquired at Bachelor level in the fields of social science and life sciences applied to sport, while broadening specific knowledge in one of five optional orientations:

- Teaching
- Adapted Physical Activities and Health
- Training and Performance
- Sport and Leisure Management
- Social Sciences and Sport

These five optional specific orientations are designed so that students can develop their training with a view to coordinating their interests and career aspirations.

Skills development and career prospects

University studies develop, in addition to specific academic skills, a great many transverse skills such as: oral and writ-

ten communication, critical, analytical and summarising faculties, abilities in research, the learning and transmission of knowledge, independence and the ability to make judgements in the field of specialisation and overlapping areas. This panoply of skills, combined with specialist knowledge acquired in the course of studies, is excellent preparation for a wide range of employment opportunities such as:

- Secondary schools, high schools (teaching of physical education)
- Universities of Applied Sciences and Universities (research and teaching in the field of sports sciences)
- Media
- Organisations active in sports tourism
- Consultancy companies in the field of sport and health
- Sports and health centres, gyms
- Sports federations and clubs
- Rehabilitation centres, clinics

GENERAL INFORMATION

Organiser

Faculty of Social and Political Sciences of the University of Lausanne, in collaboration with the University of Neuchâtel, the University of Geneva, the Swiss Graduate School of Public Administration (IDHEAP) and the Faculty of Biology and Medicine of the University of Lausanne

Degree awarded

Master of Science (MSc) in Human Movement and Sports Sciences

ECTS credits

90

Duration

3 semesters

Teaching language

French

Enrolment

Applications must be submitted to the Admissions Department before the deadline:
www.unil.ch/immat

Study advisor

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EDUCATIONAL CONTENT

Description

The programme of the Master of Science in Human Movement and Sports Sciences of the Faculty of Social and Political Sciences of the UNIL has been prepared in close collaboration with the University of Geneva, the University of Neuchâtel and the Swiss Graduate School of Public Administration (IDHEAP). It is based on five orientations comprising courses specific to sports sciences, courses proposed by other sections or faculties, and the Master's dissertation.

The five orientations

Teaching

The aim of this orientation is to train future teachers of sport and physical education for secondary levels I and II (secondary school and high school). It allows access to teacher training at a University of Teacher Education (IUFE-GE and HEP-VD). Emphasis is placed on introductory research into questions concerning the teaching of movement and sport and consideration of knowledge of the body, movement and sport.

Social Sciences and Sport

This orientation broadens the field of social sciences in relation to sport. Its aim is to train future researchers who wish to write a thesis with a social science orientation. The strong points of this training are consideration of the social and historical dimensions of teaching, sport and the body, links with the different social sciences, and an interdisciplinary approach to sciences applied to physical activities and the body.

Adapted Physical Activities and Health

This orientation allows students to explore in greater depth aspects of health promotion and prevention by providing particular insight into the different fields of rehabilitation, prevention and training. Subjects examined include the characteristics and physiological adaptations of the organism under the effect of different chronic pathologies and also during the retraining process. Emphasis is also laid on the critical choice of solutions to be adopted when implementing an adapted physical activity programme.

Training and Performance

This orientation aims to train future professionals in understanding the different fields of training (understanding of the mechanisms involved in physiological adaptations of the organism after training, critical choice of solutions to adopt when implementing a training programme in relation to its specific objectives and the different types of participant on the programme).

Sport and Leisure Management

This orientation allows the acquisition and broadening of theoretical and methodological knowledge in the field of sport and leisure management in an interdisciplinary context. It aims primarily to develop students' analytical and strategic skills in identifying and understanding the challenges facing sports and leisure organisations. In addition to this common base, part of the study plan leaves necessary latitude to students to specialise in their preferred fields. Detailed information about the study programme is available on the Master's website or from the study adviser.

Dissertation

This relates to a subject linked to the chosen orientation. The aim is to encourage students to produce a sizeable piece of personal work which combines thorough knowledge of theoretical elements and their application to particular empirical contexts under the close supervision of a teacher.

Examinations

The evaluation of knowledge takes diverse forms, for example seminar or research work, continuous assessment, oral or written examination. Each course is validated either by a pass certificate (seminars, research seminar and placements), or by a mark (course work and Master's dissertation). There are three exam sessions per year (winter, summer, autumn). Conditions for passing the Master's degree are described in the regulations of the Master of Science in Human Movement and Sports Sciences.

Mobility

Students enrolled in a Master's cycle may follow a semester of studies in a partner institution recognised by the UNIL.

If the study programme followed under a mobility arrangement is accepted by the study counsellor and confirmed by a pass in the exams, the credits earned will be recognised and validated for the student's degree course.

SYLLABUS

1st-3rd semester

Specific orientation

- Obligatory subjects
- Free-choice subjects

60 ECTS credits

Master's degree work

- Dissertation

30 ECTS credits (Teaching orientation: 15 ECTS credits)

PRACTICAL INFORMATION

Admission requirements

Candidates must be holders of a Bachelor of Science in Sport Sciences and Physical Education awarded by a Swiss university. The holders of Swiss or foreign Bachelor's degrees in related branches may be admitted on the basis of their personal case files, subject to the candidate's formal admissibility to the master's degree course.

Regulations and additional information concerning the course

Web site of the Faculty of Social and Political Sciences:

www.unil.ch/ssp

Study plan of the Master's degree:

www.unil.ch/ssp/page50298.html

Final enrolment dates

It is possible to start the programme of the Master of Science in Human Movement and Sports Sciences in either the autumn or the spring semesters.

Autumn semester: 30 April

Spring semester: 30 November

Candidates needing a visa to study in Switzerland must apply for enrolment at least two months prior to the deadline indicated above. This particular time limit is applicable to enrolment at the UNIL only.

Start of courses

Autumn semester: mid-September

Spring semester: mid-February

Part-time Master's degree

See Directive 3.12:

www.unil.ch/interne/page44629.html#3

Academic calendar

www.unil.ch/central/page4804.html

General information on studies, career prospects and guidance

Guidance and advisory service:

www.unil.ch/soc

Accommodation and financial assistance

Office for socio-cultural affairs:

www.unil.ch/sasc

International students

www.unil.ch/international

Study abroad possibilities

www.unil.ch/echanges



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Faculté des sciences
sociales et politiques