



EuTEACH:

**European Training in Effective
Adolescent Care and Health**

**Report of the sixteenth meeting
of the working group, January 27-30 2011**

P.-A. MICHAUD
COORDINATOR

Participants

The composition of the working group has evolved over time, with the retirement of some members and the arrival of new members : Kirsten Boisen from Denmark, Janet MacDonald from UK and Sergey Sargsyans from Armenia.

We were also happy to have several experts from the United States (Lyn Baeringer & M. Resnick) and from UN agencies (UNICEF / K. Vartanova; WHO / V Baltag / V. Chandramouli) as well as from the Medical Academy of Post-Graduate Studies in St.-Petersburg (MAPS / A. Kulikov).

Aidan Macfarlane and Kristina Berg-Kelly, indicated their willingness to retire from the “active” Euteach working group, but remain ready to help and participate in some meetings if needed. They are WARMLY thanked for all their input in the program since its inception.

PARTICIPANTS			
1	Valentina Baltag	VB	WHO / Europe
2	Lyn Bearinger	LHB	United States
3	Kristina Berg-Kelly	KBK	Sweden
4	Kirsten Boisen	KB	Denmark
5	Ventraman Chandramouli	VC	WHO / Geneva Headquarters.
6	Helena Fonseca	HF	Portugal
7	Alexander Kulikov	AK	MAPS, St Petersburg
8	Janet McDonagh	JNC	United Kingdom
9	Aidan Macfarlane	AMF	United Kingdom
10	Anne Meynard	AM	Switzerland
11	Pierre-André Michaud	PAM	Switzerland
12	Michael Resnick	MR	United States
13	Sergey Sargsyans	SS	Armenia
14	Susanne Stronski-Huwiler	SSH	Switzerland
15	Joan-Carles Suris	JCS	Switzerland
16	Karina Vartanova	KV	UNICEF/Moscow
17	Russel Viner	RV	United Kingdom
18	Michael Wilson	MW	United States

1. Reports from the participants (short summary)

KV & AK (Russia) report on the activities of MAPS & UNICEF: a second version of 3 years cooperation agreement between MAPS & UNICEF and UNIL (UMSA) has been signed. Three Russian speaking summer schools have been organized in St. Petersburg (with the participation of either A Macfarlane or PM Michaud) and were very successful. A large conference on adolescent friendly services gathered over 350 participants in St-Petersburg last year. A New Association for Young People Health & Development has been created.

MR & LHB (USA), apart from facing difficulties since the Republicans took control of the Congress, are currently setting up a research program on the impact of advocacy teaching. LHB is presently the President of IAAH and reports that the next international meeting of the Association (2013) will probably take place in Istanbul.

KBK (Sweden) is still very active participating in several teaching courses and is invited editor of a special issue on adolescent health for the Journal of the Swedish Medical Association. She was invited again to deliver a course in Palestine, along with AMF.

JMD & AMF (UK). JMD, a former participant in the Euteach summer school, is very active in clinical work with adolescents suffering from rheumatic diseases (transition). The Association of Young People's Health (> 500 members) is still growing and the UK government has launched a large training program in the field of adolescent

health with a funding of over 2 millions £.. RV (President of the European chapter of IAAH) briefly reports on the 2010 IAAH-Europe meeting (Reykjavik) and the next meeting (Copenhagen, June 2011). He is currently supervising 5 PhD students in the field of adolescent health

VB (WHO-Europe) has set up with colleagues from Scotland a very successful meeting on youth friendly services and is leading an important inter-country work on YFHS & school health. There is a project that UMSA (in connection with the Euteach network) will become a WHO collaborating center in the field of adolescent health & school health.

AM (Switzerland) is still very active in assisting colleagues of Bosnia in developing a network of professionals working in the field of adolescent health (YFHS).

SS (Armenia) is a newcomer but has a great deal of experience in the field, as the person in charge of adolescent health in the Armenian government. He will act as a go-between with other Eastern European countries (along with AK; KV & VB). SS is also the principal investigator for Armenia of the HBSC survey.

HF (Portugal) has set up a training course in adolescent medicine & health leading to a master degree. The course is very successful.

KB (Denmark) is co-founder of a newly established Center for Adolescent Health in Copenhagen where she works part time (50%) with another colleague. She has also set-up a “social café” for adolescents seen in the hospital.

VC (WHO/Geneva) is going to participate in the whole meeting of the Euteach working group and wants to strengthen the relationship with its members. He reports on several training initiatives in which Euteach members could participate in the future. He distributes a few copies of the new “Job-aid” booklet on adolescent health which his group has developed and which should assist professionals from low-income countries in the clinical care of adolescents.

SSH is still chief of the school health service of the city of Zürich and is member of the Committee of EUSHUM (European Union for School and University Medicine) which will have its meeting this year in June in Moscow. She is currently very interested in the issue of monitoring of adolescent health status.

PAM & JCS (EuTEACH coordination). The comments on the 2010 summer school follow below. JCS has taken the lead of its organization. PAM was invited to attend the 3rd. summer school in St Petersburg and has also lead a Euteach style course in Madagascar in May 2010. There was an attempt to hire a young US colleague with an MD, working in a firm in French speaking Switzerland, but he left before having really began to work on the site. We are fortunate that a post-doc research fellow (MW) has recently joined the research group and will be able to work part-time on the reframing of the site (see below). Finally, PAM has embarked on the constitution of a Euteach Foundation, with the support of a lawyer friend (see below).

2. Report & discussion around the summer school

The 2010 Summer School was again a success and the report is available on the Euteach website. The general impression is that the quality and skills of the participants is increasing year after year. The question is again discussed as to whether we should involve young people (maybe ask the Lausanne International School). There is a sense that we should attempt to have less crowded days. Also, it is suggested to use the website more during the course. Another question is whether we should separate clinicians and public health professionals or not. There are advantages in both strategies and one of the answers to this issue is the creation of separate modules during the afternoon. Also, as we have now trained nearly 200 professionals, the question of running a survey among former euteachers should again be put on the agenda.

3. Organisation of the 2011 advanced summer school (July 3rd - 8th)

The 2011 Euteach summer school will take place from July 3rd to 8th. It will be an « advanced course » designed for former participants to the Euteach basic summer school plus experienced professionals who want to improve their teaching skills. The sessions will focus on both clinical and public health issues, with a whole TOT day (training of trainers) allowing participants to acquire up-to-date teaching strategies, techniques and tools. The program of the five days is discussed. The content of the TOT day is the subject of a group work (together with the discussion of a TOT Russian speaking course which has in-between be run in St Petersburg from February 14th to 17th). JCS proposes to set-up different one-day modules which will be run in parallel (two modules a day). The themes which are finally chosen are:

- Eating disorders
- Old & new addictions
- Transition among adolescents with chronic conditions
- Adolescent brain
- Adolescent friendly health services
- Sexual life

Several participants to the meeting indicate their willingness to participate:

Linda Bearinger (USA)	Pierre-André Michaud (Switzerland)
V Chandra-Mouliv (WHO)	Michael Resnick (USA)
Helena Fonseca (Portugal)	Susanne Stronski (Switzerland)
Janet McDonagh (United Kingdom)	JC Suris (Switzerland)
Anne Meynard (Switzerland)	Russell Viner (United Kingdom)

It is understood that a leader will be identified for each module and s/he will organize the module according to his/her own perspective, with the support of other facilitators (from Euteach and maybe from outside Euteach for short interventions, budget permitting).

4. Group work

1. work on the structure of the website:

The group has made several proposals regarding the homepage, the colours used, the organisation of the website and the references (only one list of references). The site should provide a list of potential teachers with their area of expertise and the language spoken. Once the website will have been revisited, ask the former euteachers & the participants to the 2011 Summer School their opinion. Videos and slides should still be available on the site. The links with other websites should be increased and improved.

2. work on the TOT:

The draft pre-programme for the Russian speaking group prepared by PAM is carefully reviewed. This 3 ½ days TOT will form the basis of a TOT programme which could be put on the website in the future. A structure for the one day TOT (2011 Summer School) is proposed: one half-day focussed on the organisation of a training course, and a half-day focusing on teaching techniques.

3. work on the summer school

The group has proposed the above mentioned structure

5. Future perspectives

Composition of the working group

The Euteach working group should be completed on the mid-term by:

- A psychologist (Oslo ? RV ; Portugal ? **HF**)
- A nurse (the Netherlands ? **KB**)

The members of the group are asked to provide quickly proposals with e-mail address. These persons could take part in the 2011 Summer School !

Content of the website

It is suggested to add a few more modules such as:

1. sleep and tiredness (HF prepares some basic documents for this module)
2. Motivational interviewing
3. chronic pain (JMD prepares some basic documents for this module)
4. social determinants of adolescent health
5. TOT module !!

Dissemination of Euteach

Should part of the website be translated into Russian ?

Euteach members should present Euteach in each congress (e.g. EUSHUM congress in Moscow).

PAM will take the opportunity of the Russian speaking TOT to expand the connections with Eastern Europe.

The link with the European Academy of Paediatrics (former CESP) is difficult. The Academy seems to be essentially made of neonatologists. Keep connection with UNEPSA (SS).

Euteach foundation

PAM will follow-up on this topic. It is expected that the foundation will allow to raise funds more easily (Soros, World Bank, EU funds, etc), The statutes are presented by PAM and are accepted as they stand. KBK, JCS & PAM, will sit on the Council which should have five persons. PAM will find 1-2 specialists (politician/banker) to join the Council.

PAM, February 2011

Note: as of February 22nd, I would like to share with our members the fact that our 3 ½ days TOT course in St. Petersburg was a real success (according to the ~ 30 participants and the teachers!) and a both fruitful and enjoyable experience. I think we have now a good design of a typical TOT course and can, if needed share some of our materials with some of you. I would like to acknowledge the participation of my colleague Raphael Bonvin, whom many of you know (an MD trained in medical education here in Lausanne) and whose experience was incalculable in raising the content and quality of the course.