



EuTEACH SUMMER SCHOOL 2013

Lausanne, July 7th to 12th

Final Report

Submitted by JC Suris, December 2013

The 11th EuTEACH Summer School took place in Lausanne from July 7th to 12th. The objectives of the course were:

To improve the quality of health care and preventive services delivered to adolescents, using the best available evidence,

To develop more effective skills for adolescent health teaching and advocacy

The participants

We had 19 participants from 8 different countries (Austria, Denmark, Madagascar, Slovenia, Sweden, Switzerland, Thailand and United Kingdom). For the first time one third of the participants were nurses. Overall it was a great group that participated with enthusiasm to the activities that were proposed. I believe that they also enjoyed the course as their evaluations (see below) were very positive.

The facilitators & table-leaders

We had five facilitators during the course: Kirsten Boisen (Copenhagen, Denmark), Janet McDonagh (Birmingham, UK), Anne Meynard (Geneva, Switzerland), Pierre-André Michaud (Lausanne, Switzerland) and JC Surís (Lausanne, Switzerland).

We also had three table-leaders who were former EuTEACH participants: Vibsen Bregnballe (Aarhus, Denmark), Eva Pfarrwaller (Geneva, Switzerland), and Grete Teilmann (Copenhagen, Denmark).

We all met on Sunday July 7th after lunch to discuss in depth the program and let the table-leaders know about the exercises they would have to lead during the week.

The EPFL location

This was our third year at the UNIL-EPFL continuous education building and it has become our home. Having the continuous education staff on site is surely a plus, especially because they make sure that everything runs smoothly.

Changes

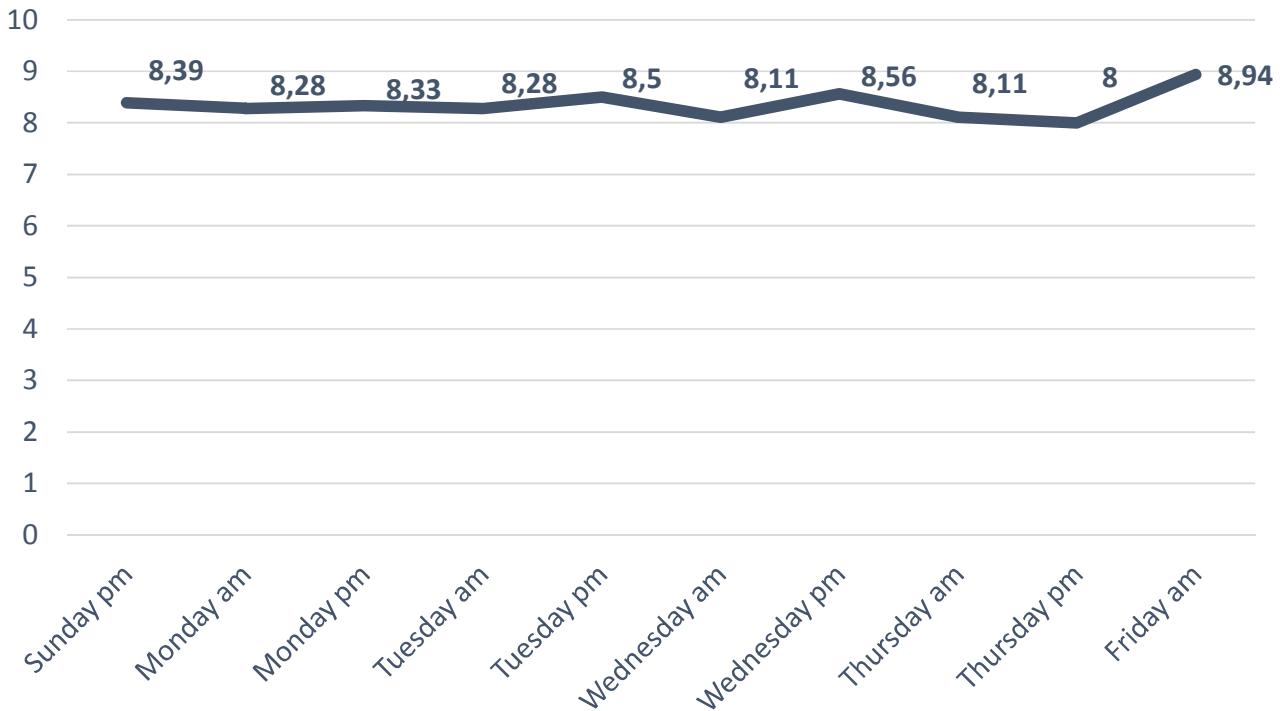
A few changes were included in the course this year, some of them emerging from last year's feedback:

- As it had been done in 2012, participants could choose three out of 6 modules (Eating disorders including Obesity; Research; Ethics; Common medical problems; Sexual health; Cultural issues).

However, this year we decided to distribute them through the course (Tuesday afternoon, Wednesday afternoon and Friday morning) instead of having them all at the end of the course.

- As it was done last year, we also used a mood-o-meter to monitor participants' mood over the course. As you can see in the graphic bellow, the mood was good all through the week, with a mean between 8 and 9 over 10.

MOOD-O-METER



- We repeated the formula to have participants (as well as facilitators and table-leaders) send a picture and a small biopic. Again, we put them on the wall and participants found it extremely helpful, so we will be repeating it next year.
- The *only coffee* in the morning break (no croissant) and *fresh fruit* in the afternoon break formula continued to work well and it will be maintained for next year. As usual. Participants *loved* the coffee-machine!
- The gala dinner went back to its original Thursday evening spot and went well. We laughed a lot with different sketches prepared by participants and table-leaders. Part of the facilitators even sang a song!

Final evaluation (based on 16 responses)

Mean rating of the course (on a scale from 1 [very poor] to 10 [excellent]): 9,1

The course was useful: Very: 11 / Quite: 5 / Somewhat: 0 / Not at all: 0

The course met your expectations: Very: 10 / Quite: 6 / Somewhat: 0 / Not at all: 0

Would you recommend the course? Yes: 16

2013 Summer School Program

	Morning		Afternoon	
Sunday			<i>4:30 pm: Registration</i>	<i>5 pm: Information session</i>
Monday	Adolescent development	Youth-friendly health services	Communication skills	Interviewing the adolescent Epidemiology
Tuesday	Mental health	Substance use	<u>Chosen Module 1:</u> Sexual Health Legally young Common medical problems	
Wednesday	Chronic conditions	Transition issues	<u>Chosen Module 2:</u> Eating disorders Research Sexual Health	
Thursday	Public health		Public health	Advocacy
Friday	<u>Chosen Module 3:</u> Eating disorders Common medical problems At the crossroads		Evaluation Last comments	<i>Course ends at 2 pm</i>