

## XIIIth EuTEACH Summerschool July 2<sup>nd</sup>-7<sup>th</sup> 2015, Lausanne Switzerland

### REPORT

The XIII<sup>th</sup> Summer school took place in Lausanne Switzerland from July 2<sup>nd</sup> to 7<sup>th</sup> 2017.

The objectives of the Summer school were to:

- improve the quality of health care and preventive services delivered to adolescents,
- using the best available evidence, develop more effective skills for adolescent health teaching and advocacy

#### **Participants:**

17 health professionals from 12 countries participated. This year participants came as well from Europe (Portugal, Switzerland, UK, Finland, Denmark, Netherland, Greece) as from other regions of the world such as Hong-Kong, Egypt, Congo, India and the United States.

There was a balance of young still in training and older more experienced participants some having no experience with adolescents and others on the contrary extremely experienced and leaders in their country.

#### **Facilitators and Table leaders:**

Four table leaders actively participated in the pedagogical activities as well as giving a sense of connectedness to the group: Galina Lesko (Moldovia), Yusuke Takeuchi (Switzerland), Elina Hermanson (Finland) and Bernhard Stier (Germany). Moreover, a total of 10 facilitators participated to part or all the week: Anne-Emmanuelle Ambresin (Switzerland); Kirsten Boisen (Denmark), Françoise Dominé (Belgium), Helena Fonseca (Portugal), Emmanuelle Godeau (France), Pia Jakobsson-Kruse (Sweden), Anne Meynard (Switzerland), Pierre-André Michaud (Switzerland), Susanne Stronski (Switzerland), Russel Viner (UK). This large and multi country number of facilitators added to the international flavour of the course. The course was organized by Anne Meynard, Anne-Emmanuelle Ambresin and Yusuke Takeuchi.

#### **Preparation**

The organisers and the facilitators met in January 2017 to set up the main structure of the course which was then refined over the following months through meetings and emails. It allowed ensuring a variety of teaching tools and the adequacy of teaching strategies with the content of the program over the week. Table leaders, facilitators and organizers all met on Sunday July 5<sup>th</sup>, before the arrival of participants to share material, review the content and instruct the table leaders of their specific roles during the week.

#### **The summer school**

The Summer school took place in the same venue in EPFL for the fifth time. The location is very convenient although the heat wave made participation in some of the afternoon sessions difficult. The surface of the second floor of the building allows for enough space for plenary sessions and small group work plus individual discussions during breaks. Internet access and material were adequate. The continuous education staff (have their main office on site) was very helpful. The cafeteria offers a varied range of meals and quick service. Advance reservation of big tables allowed lively discussions to take place during lunch breaks. The social events (get together party, wine tasting and Gala dinner) could take place respectively at the Interdisciplinary

Division for Adolescent Health (DISA) of the University hospital (CHUV), at the location of the course, and at a nice restaurant of the Olympic museum on the lake shore .

The content of the course is displayed below. An optional visit to the WHO headquarter (Geneva) was organized for half of participants.

## Programme

	Morning sessions (8:30-12 am)		Afternoon sessions (1:30-5:00 pm)		Social Events
Sun July 2 <sup>nd</sup>			<b>From 4:30PM</b> Arrival of participants* <b>From 5 PM:</b> Introduction session Visit of a youth clinic		Get together* party
Mon July 3 <sup>rd</sup>	Adolescent Development (RV)	Epidemiology (EG)	Adolescent friendly care and services (AEA)	Legal and ethical frameworks, setting (KB)	
Tue July 4 <sup>th</sup>	Mental Health (PAM)		<u>Optional modules</u> 1. Substance use/use of internet-media (AM) 2. Eating disorders (FD) 3. Obesity (HF)		
Wed July 5 <sup>th</sup>	Chronic conditions (KB)		Communication skills with the adolescent and the family (HF, AM)		5-6:30 pm Wine tasting session
Thu July 6 <sup>th</sup>	Public Health (PAM, SS)		Sexual and reproductive health (PJ, SS)		From 6:30 pm Gala dinner
Fri July 7 <sup>th</sup>	Design of a training session/group work (AEA, AM)	Evaluation Closing	<u>Optional visit</u> WHO in Geneva (2:30pm-4:30pm)		

## Evaluation

An anonymous questionnaire was filled in by all participants.

**Facilities and organisation:** the participants expressed their satisfaction with the overall organisation, the location, the easy access to internet and to documents. They tended to stress the interactivity and the comprehensiveness of the program. Participants liked the great opportunity to meet new colleagues and network. They all mentioned that they would use teaching tools as well as implement new clinical or public health strategies once back in their country.

## About structure of the course

Participants thought the sequence of the content was logical and that time allowed for various topics was adequate except that more time would be needed for certain topics

Suggestion for future Euteach summer school:

It is suggested to involve young people in several sessions and interact with them

It is also suggested to ask in advance if some participants would like to present their activities in their country and region (within a specific session).

It is also proposed to make more use of the experience of participants who already have a lot of personal experience