

EuTEACH SHORT COURSE FOR CLINICIANS

The short course is organized in three sections, one section offered each of 3 days, or only a 1 day-1st section or 2 day-1st and 2nd sections.

The two-three days can be given on consecutive days or on separate days over a period of time

Type of Learning	Priority Content	Corresponding EuTEACH modules
Day 1: Basic Knowledge, Attitudes, and Skills		
	Understand adolescence as a unique period of bio-psychosocial development	A1: Goal II Knowledge
	Incorporate bio-psychosocial knowledge into understanding health behaviors	A1: Goal III Skill
	Describe common health problems of adolescence related to behavior, e.g. STIs, substance misuse	A2: Goal II Knowledge, Attitude
	Know the importance of confidentiality in adolescent care.	A5: Goal II Knowledge, Skill:
	Use effective communication in caring for adolescents	A4: Goal II:D A4: Goal III Skill
	Describe the influence of social contexts of adolescents on their health	A6: Goal I A6: Goal II A6: Goal III Knowledge, Attitude
	Develop skills in assessing the health status and needs of a young person	A4: Goal III:B and D Knowledge, Skill
Day 2: Clinical Applications of Basic Knowledge, Attitudes, and Skills		
Knowledge, Skills	Develop skills in addressing common functional disorders, e.g., pain syndromes.	B4: Goal III B6: Goal IV:A
Knowledge, Attitude	Understand the impact of chronic conditions, e.g., asthma, on the life quality of an adolescent	B5: Goal I B5: Goal II B5: Goal III
Skill	Develop skills in managing an adolescent's chronic condition	B5: Goal IV:A B6: Goal IV:A

	with parents, school, and the professional network	
Skills	Understand the impact of a mental health problem, e.g., suicide ideation and/or attempt, on the life quality	B6: Goal III B6: Goal V B6: Goal IV:A
Knowledge	Apply resilience theory to primary and secondary prevention for managing adolescent health problems	A7: Goal III B6: Goal IV
Day 3: Additional Knowledge, Attitudes, and Skills based on Needs Assessment of the Target Audience. Select 2 or 3 modules from the list of priority Basic or Specific Themes listed below		
	A3: The family: Influences and Dynamics	
	A8: Public Health	
	B2: Nutrition, exercise, obesity	
	B3: Sexual and Reproductive Health	
	B7: Eating Disorders	
	B8: Substance Use and Misuse	