



Frédéric Stucky is doing his PhD in Life Sciences at the Institute of Sport Sciences of the University of Lausanne. After a Master in Sport Science at the University of Geneva, he worked as a strength and conditioning specialist at the University of Toronto in Canada, where he also collaborated in research projects focusing on sports performance and adaptations to endurance training. He then returned in Switzerland to work as an exercise physiologist at the Swiss Olympic Medical Center of the University Hospital of Geneva. His PhD focuses on the adaptations of the cardiovascular and respiratory systems during exercise and their interactions.