

## **POST CONFERENCE DAY TRIP TO CAPE TOWN**

A post conference day trip with Ronnie Donaldson (organiser of the Stellenbosch leg of the conference) as 'tour guide' will take place on Saturday 27 July. Given the uncertainty of the weather on the day, two itineraries are planned for. If it rains, ferries will not travel to Robben Island and the Cableway does not go up Table Mountain, hence this trip is called the **rain trip**. On the contrary if the weather is fine the **sunshine trip** will take place.

**NOTE ONLY ONE TRIP WILL TAKE PLACE AND ONLY A MAXIMUM OF 9 PERSONS CAN GO ON THE TRIP. IF THERE ARE MORE THAN 9 PERSONS THEN A SECOND MINI BUS CAN BE ADDED ON CONDITION THAT A MAXIMUM OF 5 MORE PERSONS TRAVEL IN THE 2<sup>ND</sup> BUS. THE TRIP DOES NOT INCLUDE ANY MEALS. A HIGHLY RECOMMENDED POST DAY TRIP DINNER AT SOUTH AFRICA'S TOP RESTAURANT (AND VOTED 53TH IN SAN PELLEGRINO THE WORLD'S BEST RESTAURANTS AWARDS 2013) CAN BE ADDED TO THE DAY TRIP.**

**If you want to go on a day trip it is important to let the conference organisers know as soon as possible. Also let us know if you would like to do the dinner at the Tasting Room - it is crucial to make a reservation beforehand.**

Sunshine trip (weather permitting)	Rain trip (in case of bad weather)
<b>PRICE: R850 per person (price exclude the optional post-trip dinner and lunch during the trip)</b>	<b>PRICE: R650 per person (price exclude the optional post-trip dinner and lunch during the trip)</b>
Depart from Stellenbosch at 8:45 and drive to Cape Town's waterfront via Khayelitsha stopping over at Golden Flower (artist making crafts from recycled material), driving past informal settlements, low-cost housing development and the Khayelitsha 'mall'.	Depart from Stellenbosch at 8:45 and drive to Cape Town's waterfront via Khayelitsha stopping over at Golden Flower (artist making crafts from recycled material), driving past informal settlements, low-cost housing development and the Khayelitsha 'mall'.
<p><b>10:30 - Robben Island</b> (where Nelson Mandela and others were jailed for many years)</p> <p>The standard tour to Robben Island (a world heritage site) is 3.5 hours long, including the two half-hour ferry rides. Ferries depart 11am weather permitting, from the V &amp; A Waterfront in Cape Town. The Robben Island Tour includes: A return boat trip across Table Bay; A visit to the infamous Maximum Security Prison; Interaction with an ex-political prisoner; A 45-minute bus ride with a guide providing commentary.</p>	<p><b>10:30 – District Six Museum</b></p> <p>District Six was named the Sixth Municipal District of Cape Town in 1867. Originally established as a mixed community of freed slaves, merchants, artisans, labourers and immigrants, District Six was a vibrant centre with close links to the city and the port. By the beginning of the twentieth century, however, the process of removals and marginalisation had begun. The first to be 'resettled' were black South Africans, forcibly displaced from the District in 1901. As the more prosperous moved away to the suburbs, the area became a neglected ward of Cape Town. In 1966 it was declared a white area under the Group Areas Act of 1950, and by 1982, the life of the community was over. 60 000 people were forcibly removed to barren outlying areas aptly known as the Cape Flats, and their houses in District Six were flattened by bulldozers. The District Six Museum, established in December 1994, works with the memories of these experiences and with the history of forced removals more generally.</p>
<p><b>14:45 Table Mountain</b></p> <p>A on the aerial cableway up Table Mountain (voted one of the new 7 wonders of nature in the world.</p> <p><b>16:00</b> drive back to Stellenbosch via the scenic coastal route of the Atlantic seaboard and False Bay</p> <p>Back in Stellenbosch around 17:00</p>	<p><b>12:00</b> Drive up <b>Signal Hill</b> for a view of city then drive along the scenic coastal route of the Atlantic seaboard via the world famous <b>Chapmans Peak</b> to Cape Point. At the tip of the Cape Peninsula 60 km south-west of Cape Town, lies <b>Cape Point</b>, a nature reserve within the Table Mountain National Park; a declared Natural World Heritage Site. Encompassing 7 750 hectares of rich and varied flora and fauna; abounding with buck, baboons and Cape Mountain Zebra as well as over 250 species of birds, The natural vegetation of the area, fynbos, comprises the smallest but richest of the world's six floral kingdoms. Then drive to <b>Boulders Penguin Colony</b> in Simons Town, home to a unique and endangered land-based colony of African Penguins. This colony is one of only a few in the world. <b>16:00</b> drive back to Stellenbosch via the scenic coastal route of False Bay.</p> <p>Back in Stellenbosch around 17:00</p>
<b>Post day trip dinner</b>	<b>Post day trip dinner</b>
<p><b>19:00 OPTIONAL: Culinary feast at South Africa's top restaurant</b></p> <p>The <b>Tasting Room at Le Quartier Français</b> in neighbouring town of Franschoek is South Africa's most lauded fine-dining restaurant. It is the stage to award-winning Relais &amp; Châteaux Grande Chef, Margot Janse, and her unique African Inspired Surprise Tasting Menu. Here, in this intimate setting, serious diners have the opportunity to experience a true journey of taste. With a menu that continues to evolve and astonish The Tasting Room, and its African Inspired cuisine, creates a dining experience unlike any other. One where surprise and nostalgia take centre stage. Please allow 3½ hours for this menu</p> <p><b>8-course: (excluding drinks) R 770.00 per person</b>  <b>8-course with wine pairing: R 1170.00 per person</b></p>	<p><b>19:00 OPTIONAL: Culinary feast at South Africa's top restaurant</b></p> <p>The <b>Tasting Room at Le Quartier Français</b> in neighbouring town of Franschoek is South Africa's most lauded fine-dining restaurant. It is the stage to award-winning Relais &amp; Châteaux Grande Chef, Margot Janse, and her unique African Inspired Surprise Tasting Menu. Here, in this intimate setting, serious diners have the opportunity to experience a true journey of taste. With a menu that continues to evolve and astonish The Tasting Room, and its African Inspired cuisine, creates a dining experience unlike any other. One where surprise and nostalgia take centre stage. Please allow 3½ hours for this menu</p> <p><b>8-course: (excluding drinks) R 770.00 per person</b>  <b>8-course with wine pairing: R 1170.00 per person</b></p>