Between home care, home support and access to services. Aging at home: The paradoxes of “reverse mobility”

Entre vieillissement, maintien à domicile et accès aux services. Les paradoxes d’une mobilité inversée.

Florent Cholat
PhD student in geography at LabEx ITEM - VIVEHab project
Pacte Laboratory at Grenoble Alpes Uni.
Sociology and Social Research Department of Milano Bicocca Uni.

Luc Gwiazdzinski
PhD in geography, lecturer at the Institute of Alpine Geography
Pacte Laboratory at Grenoble Alpes Uni.

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of “reverse mobility”

« Everybody ageing ! »
What means « Ageing »?

Difficulties performing all daily tasks

Difficulty to move

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
To ensure « Healthy Ageing »

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of “reverse mobility”

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Who is coming?

Health and home care

Mobile shops

Family

Relatives

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of “reverse mobility”
Why study the Alps?

Slope system
Valley system
Distance to services

Weather
Season
Residential mobility

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of "reverse mobility"
Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of "reverse mobility"

Study locations

Entraigues, FRANCE
142 inhabitants

Isola di Fondra, ITALY
153 inhabitants

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Methods

Two-week immersion in each village

Many semi-structured interviews

Partnerships for using databases

Use of GPS tracking device

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home : The paradoxes of “reverse mobility”
Number of human contacts
Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home : The paradoxes of “reverse mobility”

Chrono-geographic approach
Chrono-geographic approach

Aging at home: The paradoxes of “reverse mobility”
Mapping reversed mobilities

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of “reverse mobility”

Entraigues, FRANCE
Isola di Fondra, ITALY

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Link between the loss of autonomy and reversed mobilities

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home: The paradoxes of “reverse mobility”

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Negative impacts of reversed mobilities

Increased vulnerability for **economic**, **environmental** and **social** issues
Positive impacts of reversed mobilities

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)

Florent Cholat - LabEx ITeM - Grenoble Alpes Uni. / Milano Bicocca Uni.
Between home care, home support and access to services.
Aging at home : The paradoxes of “reverse mobility”
Improvements

- Increase the **number of case studies**
- Experiment new **methods and technologies**
- Open to other **disciplines**
Let me introduce « Marguerite »

Marguerite, 95 years

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)
Thanks for your attention
Merci de votre attention
Grazie per la vostra attenzione

Florent Cholat

PhD student in geography at LabEx ITeM - VIVEHab project
Pacte Laboratory at Grenoble Alpes Uni.
Sociology and Social Research Department of Milano Bicocca Uni.

Phone: +33 (0)6 89 01 38 14
E-mail: florent.cholat@gmail.com

Swiss Mobility Conference
October 20th, 2016 at Lausanne (CH)