

PROCEDURE IN CASE OF EXPOSURE TO BIOLOGICAL FLUIDS

This applies to staff working in the laboratory, the animal facility and to first aid respondents

In case of injury or mucosal projection involving blood or other biological fluids, it is important to assess the situation as quickly as possible in order to take adequate preventive measures. A specialized service is available 24h / 24h every day, including on weekends. Your situation will be initially evaluated by phone and if necessary, you will be asked to go to the CHUV for additional tests.

We consider an exposure to blood or biological fluids in the following cases:

- **Breaking of the skin barriers, such as needle sting, cut or bite with** contact with blood or biological fluids
- **Projection on a mucous membrane (eyes, mouth)** with blood or other biological fluids
- **Contact of skin already injured (wounds, abrasions, dermatitis)** with blood or biological fluids

Contact of biological liquids on healthy skin is not considered to present a risk.

What to do in case of exposure to biological fluids?

1. **In case of injury (sting, bite) involving blood / biological fluids:** wash the affected area with water and soap for 5 minutes, then disinfect. Do not try to draw blood from the injury.
In case of blood projection/biological fluids in the eye or mouth or mucous membrane: rinse with running water for 5 minutes.
2. **Identify the source:** As much as possible, identify the source and eliminate it safely so no one else can get hurt (in a container for sharp objects). In the case of human blood / human biological fluids, take all the details/references of the sample involved.
3. **Get someone to replace you** until to the resolution of the accident.
4. **Immediately call the CHUV, phone number for management of exposure to accidents blood: 021 / 314 02 75.** A staff member from the “Médecine du personnel” (or the PIC for infectious diseases) will tell you the instructions to follow.
5. After the resolution of the accident, announce it to your supervisor and safety officer for UNISEP and SRH to establish an accident report from the accident insurer.

For more information, contact:

Occupational Health and Safety Group / UniSEP: tél. 021 692 25 72 / sst-unisep@unil.ch
Occupational Health Nurse: tel. 021 692 25 78 / infirmierst@unil.ch